

Results			
Women's 4x800m	Team		
11:13	University of South Carolina		
Men's 4x800m	Team		
10:12	Appalachian State University		
Women's 100 Hurdles	Team	Last name	First name
17.8	University of North Carolina	Martin	Laura
Men's 110 Hurdles	Team	Last name	First name
21.794	University of Georgia	Gallardo	Quintin
Women's 100m	Team	Last name	First name
13.531	University of North Carolina	Howard	Caroline
14.129	Charlotte	Franklin	Jayliene
14.802	University of South Carolina	McLeod	Sarah
15.044	Western Carolina University	Villa	Gabrielle

Men's 100m		Team	Last name	First name
	10.737	University of North Carolina	Briden	Luke
	11.425	University of South Carolina	Simpsons	Daniel
	11.502	University of South Carolina	Toro	Elijah
	11.631	University of South Carolina	Anderson	Patrick
	12.263	Charlotte	Driver	Lucus
	12.971	University of Georgia	Wagner	Tyler
Men's DMR		Team		
	11:41	Davidson College		
	12:03	Appalachian State University		
	12:45	Charlotte		
Women's 400m		Team	Last name	First name
	1:03	University of South Carolina	Hodges	Missy
	1:05	University of North Carolina	Christou	Angel
	1:07	University of South Carolina	Potter	Alaina
	1:14	Western Carolina University	Villa	Gabrielle
Men's 400m		Team	Last name	First name
	0:50	University of North Carolina	Williams	Emanuel
	0:50	Appalachian State University	Hiller	Michael
	0:51	University of North Carolina	Noce	Christopher
	0:52	University of North Carolina	Scott	Sam
	0:52	University of North Carolina	Chen	Chauncey
	0:54	University of Georgia	Rodriguez	Carlos
Women's 1600m		Team	Last name	First name
	5:20	Duke	Jonas	Katherine
	5:25	University of Georgia	Lackey	Eryn
	5:40	University of South Carolina	Toth	Ellie
	5:58	Appalachian State University	Loehne	Natalie
	6:03	Western Carolina University	Davis	Jessica
	6:17	Davidson College	Tabor	Sarah

Men's 1600m		Team	Last name	First name
	4:25	University of North Carolina	Sienkiewicz	Colter
	4:30	University of North Carolina	Markham	Liam
	4:36	University of North Carolina	Walker	Matthew
	4:37	University of North Carolina	Marson	Joshua
	4:48	Western Carolina University	Ramirez	John
	4:49	Appalachian State University	Grasso	Greg
Combined 4x100m		Team		
	50.79	University of South Carolina		
	53.507	University of South Carolina		
Women's 800m		Team	Last name	First name
	2:37	University of South Carolina	Wichmann	Celia
	2:43	University of South Carolina	Toth	Ellie
	2:44	University of Georgia	Nelson	Elizabeth
	2:47	University of Georgia	Hales	McKinley
	3:17	Appalachian State University	McClellan	Karalynn
	3:55	Appalachian State University	Day	Amelia
Men's 800m		Team	Last name	First name
	2:00	University of South Carolina	Riley	Liam
	2:02	Charlotte	Wozniak	Cooper
	2:06	Davidson College	McCaleb	Asa
	2:07	Western Carolina University	Palmer	Sully
	2:11	University of Georgia	Fisher	Sean
	2:16	University of South Carolina	Derkach	Jack
Women's 200m		Team	Last name	First name
	25.627	University of South Carolina	Cassels	Meghan
	28.079	University of South Carolina	McLeod	Sarah
	28.175	University of Georgia	Tokarev	Katya
	28.243	Western Carolina University	Villa	Gabrielle
	28.414	University of North Carolina	Howard	Caroline
	29.501	University of South Carolina	Rose	Sydney

Men's 200m		Team	Last name	First name
23.454		University of North Carolina	Noce	Christopher
24.277		University of South Carolina	Simpsons	Daniel
24.44		Appalachian State University	Harris	Kendric
24.587		Appalachian State University	Threatt	Keenan
24.713		University of South Carolina	Anderson	Patrick
24.917		University of North Carolina	Scott	Sam
Combined 400 Hurdles		Team	Last name	First name
1:09		University of South Carolina	Byron	Drake
1:14		University of North Carolina	Martin	Laura
Women's 3200m		Team	Last name	First name
11:27		University of South Carolina	Willis	Meghan
11:46		University of Georgia	Lackey	Eryn
11:53		Charlotte	Lanai	Madison
12:40		University of South Carolina	Toth	Ellie
12:44		University of South Carolina	Kalafut	Anna
12:57		Appalachian State University	Loehne	Natalie
Men's 3200m		Team	Last name	First name
9:56		University of North Carolina	Markham	Liam
10:07		University of North Carolina	Chen	Chauncey
10:15		University of Georgia	Kiefer	Isaac
10:28		University of North Carolina	Zota-Stull	Kabir
10:28		University of North Carolina	Zmijewski	Andrew
10:32		Appalachian State University	Grasso	Greg
Women's 4x400m		Team	Last name	First name
4:32		University of South Carolina	Hodges	Missy
4:32		University of North Carolina	Christou	Angel
4:42		Charlotte	Dowler	Layla
4:44		University of South Carolina	Kalafut	Anna

Men's 4x400m		Team	Last name	First name
	3:36	University of North Carolina	Sienkiewicz	Colter
	3:47	University of South Carolina	Byron	Drake
	3:53	Appalachian State University	Hiller	Michael
	3:59	Charlotte	Miller-Lynch	Connor
	4:02	Kennesaw State University	Wilusz	Chris
	4:04	University of North Carolina	Chen	Chauncey